DISTRIBUTION REQUEST FORM

	Date:			_		
	Name:					
	Address	:			_	
	City:		State	Zip		
	Phone:					
Dat	e of Birt	h:				
Da	te of Hir	e:	Date of T	ermination:		
	SS#:					
ro:	2481 I Frank	Higby Road fort, NY 13		tors Association, Inc.		
At thi	s time, I	would like	to receive:			
	The vested balance of my retirement account					
	Part of the vested balance from my Retirement account in the amount of \$					
	The EMPLOYEE balance from my Retirement account in the amount of \$					
Pleas	e Note:	NBT Bank You shoul	k, is required to d allow for this	withhold 20% for Fe	se funds our Custodial Trustee deral Income Tax purposes. unt you request. Roll-over holding rule.	
		It could take up to 4-8 weeks for an approved distribution to be processed due to the administrative timeline. Distributions are paid once a month on the 15 th Calendar day.				
Further			s distribution request form is restricted to the amount shown above. changes or additional requests will require a new written form y the Plan participant.			
Empl	oyers:					

Signature



Empire State

Highway Contractors Association, Inc.

Phone 315-895-5303 Fax 315-895-5307

Summary of Pension Distribution Rules

Distributions:

- There are 4 ways that you can receive a pension distribution. You become eligible for a distribution of the Vested amount in your employer accounts if you:
 - 1) Reach Normal Retirement Age defined as participants 55th birthday and completion of 6 years of service (100% vested), or age 65 (also can be in-service at that time).
 - 2) Terminate Employment distribution of Vested portion can occur after three (3) consecutive 1-year breaks in service from all ESHCA, Inc. Employer Members.
 - For example, you terminate 5-31-22 and you never go back to work for another Employer Member, you are eligible to receive a distribution of your Vested balance as of 5-31-25 or 3-years from the date that you terminated.
 - 3) Become Disabled permanently disabled while actively employed with your current employer or,
 - 4) Die your beneficiary becomes immediately eligible for a distribution of your Vested balance of all accounts.
- If you take a distribution, please consult either your financial or tax advisor. Generally, if you take constructive receipt (do not rollover to another qualified plan), you will be taxed on the distribution. If you are under 59.5 years of age you may be subject to an additional 10% Federal penalty.