Pediatric Preventive Health Care Recommendations

MVP Health Care® encourages all members with children to select a pediatrician. Routine doctor visits help keep your child, and "tween" or teen healthy. If there are any problems, these checkups—also referred to as ***well-child care visits***—help the doctor detect them early before they become serious. **Well-child care visits** are a preventive care benefit and covered in full under your MVP medical plan.

Immunizations—A Great Way to Keep Kids Healthy

Immunizations are needed to protect your child from potentially life-threatening illnesses. Vaccination has enabled a reduction of most vaccine-preventable diseases to very low levels in the United States. Additional information and immunization schedules recommended by the Centers for Disease Control (CDC) are available at **cdc.gov**. Select *Healthy Living*, then *Vaccines & Immunizations*. Talk to your doctor to determine which immunizations and tests are right for your child.

MVP Will Help You Find a Doctor

Visit **mvphealthcare.com** and select *Find a Doctor*. You can search for providers by name, location, or specialty. Or you can call the MVP Customer Care Center at the phone number on the back of your MVP Member ID card.

Highlighted areas represent the recommended age range for risk assessment or test/screening to be performed

AGE ▶	Infancy								Early Childhood							Middle Childhood						Adolescence										
	PRENATAL	NEWBORN	3–5 DAY	BY 1 MO	2 MO	4 MO	6 MO	9 MO	12 MO	15 MO	18 MO	24 MO	30 MO	3 YR	4 YR	5 YR	6 YR	7 YR	8 YR	9 YR	10 YR	11 YR	12 YR	13 YR	14 YR	15 YR	16 YR	17 YR	18 YR	19 YR	20 YR	21 YR
Physical Exam/History/Education/Guidance																																
Measurements																																
Length/Height and Weight																																
Head Circumference																																
Weight for Length																																
Body Mass Index (BMI)																																
Blood Pressure																																
Sensory Screening																																
Vision																																
Hearing																																
Developmental/Behavioral Assessment																																
Developmental Screening																																
Autism Spectrum Disorder Screening																																
Developmental Surveillance																																
Psychosocial/Behavioral Assessment																																
Tobacco, Alcohol, and Drug Use Assessment																																
Depression Screening																																
Maternal Depression Screening																																
Procedures																																
Newborn Blood Screening																																
Newborn Bilirubin																																
Critical Congenital Heart Defect Screening																																
Immunization		*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Anemia																																
Lead Screening																																
Tuberculosis Testing																																
Dyslipidemia Screening																																
Sexually Transmitted Infections (STIs)																																
HIV (Human Immunodeficiency Virus)																																
Cervical Cancer Screening																																
Oral Health																																
Fluoride Varnish																																
Fluoride Supplementation																																
Anticipatory Guidance																																

* Per the CDC Immunization Schedules for 2017. Visit **cdc.gov/vaccines/schedules** for more information.

These guidelines represent a consensus by the American Academy of Pediatrics (AAP) and Bright Futures. This information is provided for reference purposes. Please contact your child's physician for recommendations specific to your child.

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